



# The National Institute for Trauma and Loss in Children

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A Program of Children's Home of Detroit

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## Children of Trauma Syllabi

9 a.m. - 10:30 a.m.	Identification of events related to trauma inducement; assessment of participants' knowledge of PTSD reactions in children; sharing of trauma experiences their children have been exposed to; listing of questions, concerns participants wish to have addressed at presentation.
10:30 a.m. - 10:45 a.m.	Break
10:45 a.m. - noon	Presentation of reactions to traumatized children and adults as witnesses to violent and non-violent traumatic events.
noon - 1 p.m.	Lunch
1 p.m. - 2:30 p.m.	Continuation of presentation of children's reactions and children's drawings, stories related to their experiences.
2:30 p.m. - 2:45 p.m.	Break
2:45 p.m. - 4:00 p.m.	Presentation of tools, techniques for use in the initial consultation with traumatized children and their families.

### **BRIEF DESCRIPTION OF INSTRUCTIONAL FORMAT:**

Videotaped segments of interviews with traumatized children are used to demonstrate intervention process. Didactic presentation provides information and framework related to PTSD; break out sessions provide participants opportunities to practice strategies presented. Multiple handouts provide checklists, etc.

### **GOAL:**

To provide participants with a working foundation of the differences between grief and trauma, the way trauma exposes itself in children and the use of structured sensory school/agency based trauma intervention programs.

### **SESSION OBJECTIVES:**

To explore the effects of non-violent loss and grief reactions in children from losses such as separation, divorce, or terminal illness. To identify the behavior and symptoms in traumatized children who have witnessed an assault, exposure to domestic violence, street violence, car accidents, house fires, and drowning. And lastly, to understand the difference between grief reactions and trauma reactions in children.

### **LEARNING OBJECTIVES:**

Learner will be able to:

- Identify trauma reactions vs. grief reactions.
- Identify the most immediate and appropriate intervention needs of the traumatized child/adolescent.
- Describe the most appropriate structured sensory intervention strategies.