



# The National Institute for Trauma and Loss in Children

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A Program of **Children's Home of Detroit**

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## Children of Trauma II (Structured Sensory Intervention) Syllabi

9 a.m. - 10:30 a.m.	Group activity involving trauma specific sensory interventions.
10:30 a.m. - 10:45 a.m.	Break
10:45 a.m. - noon	Presentation of strategies specific to the use of drawing as part of the intervention process; and the use of trauma specific questions.
noon - 1 p.m.	Lunch
1 p.m. - 2:30 p.m.	Presentation of case studies highlighting sensory interventions and their outcome.
2:30 p.m. - 2:45 p.m.	Break
2:45 p.m. - 4:00 p.m.	Continued presentation of cases and identification of strategies used.

### BRIEF DESCRIPTION OF INSTRUCTIONAL FORMAT:

Videotaped segments of interviews with traumatized children are used to demonstrate intervention process. Didactic presentation provides information and framework related to PTSD; break out sessions provide participants opportunities to practice strategies presented. Multiple handouts provide checklists, etc.

### GOAL:

To demonstrate and then allow participants the opportunity to experience and practice a structured trauma intervention designed to help them help ameliorate survivor reactions, posttraumatic stress and grief reactions in children/adolescents exposed to violent or non-violent yet trauma inducing incidents.

### SESSION OBJECTIVES:

Review and practice interventions to ameliorate survivor reactions, post-traumatic stress and grief reactions in children following violent and non-violent traumatic losses.

### LEARNING OBJECTIVES:

The Learner will be able to:

- Discuss the importance of becoming a witness as a way to help trauma victims heal.
- Demonstrate how to provide trauma specific structured sensory interventions with children/adolescents traumatized by violent or non-violent, yet traumatic incidents.
- Discuss issues related to initiating and providing structured sensory intervention into individual/group sessions with traumatized children.