



# The National Institute for Trauma and Loss in Children

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A Program of **Children's Home of Detroit**

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## Trauma Debriefing for Schools & Agencies Syllabi

9 a.m. - 10:30 a.m.	Overview of history of Trauma Debriefing.
10:30 a.m. - 10:45 a.m.	Break
10:45 a.m. - noon	Presentation of Debriefing Model currently used.
noon - 1 p.m.	Lunch
1 p.m. - 2:30 p.m.	Review of actual situations: what went right and wrong and why.
2:30 p.m. - 2:45 p.m.	Break
2:45 p.m. - 4:00 p.m.	Group participation in case scenarios, skill assessment of participation.

### **BRIEF DESCRIPTION OF INSTRUCTIONAL FORMAT:**

Videotaped segments of debriefing process. Didactic presentation provides information and framework related to 'what not to do' and 'what to do', break out sessions provide participants opportunities to practice strategies presented. Multiple handouts provide checklists, etc.

### **GOAL:**

To provide participants with varied structured debriefing models and skills for use in school or agency settings with children/adolescents and/or staff following exposure to violent or non-violent yet trauma inducing incidents.

### **SESSION OBJECTIVES:**

To differentiate critical incident debriefing strategies from other crisis intervention strategies while giving participants opportunities to integrate what they learn into practice through the role playing of a variety of actual critical incident scenarios involving school and community wide incidents.

### **LEARNING OBJECTIVES:**

Learner will be able to:

- Identify five debriefing models for use in school/agency settings
- Detail stages of debriefing of varied models.