



The National Institute for Trauma and Loss in Children



A Program of **Children's Home of Detroit**

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PTSD Guest Lecture Syllabi

8:30 a.m. - 9:00 a.m.	Registration
9 a.m. - 10:30 a.m.	Review of criteria differentiating depression and grief from trauma in children and adolescents.
10:30 a.m. - 10:45 a.m.	Break
10:45 a.m. - noon	Age appropriate interventions for traumatized children and adolescents presented.
noon - 1 p.m.	Lunch
1 p.m. - 2:30 p.m.	Trauma specific interventions for parents of traumatized children presented.
2:30 p.m. - 2:45 p.m.	Break
2:45 p.m. - 4:00 p.m.	Identify at-risk situation necessitating additional interventions and those factors which help victims become survivors.

BRIEF DESCRIPTION OF INSTRUCTIONAL FORMAT:

Videotaped segments of interview with traumatized children are used to demonstrate intervention process. didactic presentation provides information and framework related to PTSD, break out sessions provide participants opportunities to practice strategies presented. Multiple handouts provide checklists, etc.

GOALS:

To present participants with new information about the ways trauma manifests itself in children and varied trauma specific intervention strategies which have helped to ameliorate trauma reactions triggered in children/adolescents exposed to either violent or non-violent trauma inducing incidents.

SESSION OBJECTIVES:

To differentiate chronic trauma from acute trauma responses in children, how these reactions manifest at the different developmental levels of childhood and what age specific responses and interventions are necessary from parents, educators, and those in the helping profession in order to best assist the traumatized child.

LEARNING OBJECTIVES:

The Learner will be able to:

- Identify trauma specific reactions experienced by children/adolescents
- Identify specific strategies designed to ameliorate trauma specific reactions