



The National Institute for Trauma and Loss in Children



A Program of Children's Home of Detroit

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Psychophysiology of Trauma Syllabi

8:30 a.m. - 9:00 a.m.	Registration
9 a.m. - 10:30 a.m.	The, psychophysiology of trauma, the nature of trauma and the fight/flight/freeze response.
10:30 a.m. - 10:45 a.m	Break
10:45 a.m. - noon	Impact of "autonomic arousal" (traumatic stress) upon the brain and the Autonomic Nervous System - the 'survival reflex'.
noon - 1 p.m.	Lunch
1 p.m. - 2:30 p.m.	The processing of memory and of traumatic memory.
2:30 p.m. - 2:45 p.m.	Break
2:45 p.m. - 4:00 p.m.	The inherent capacity of children to use body and mind as healing resources.

BRIEF DESCRIPTION OF INSTRUCTIONAL FORMAT:

Videotaped segments of interviews with traumatized children are used to demonstrate intervention process. Didactic presentation provides information and framework related to PTSD; break out sessions provide participants opportunities to practice strategies presented. Multiple handouts provide checklists, etc.

GOAL:

To provide participants with an overview of the relatedness of trauma with changes in learning, behavior and memory of trauma victims as well as to better understand the intervention strategies needed to help ameliorate learning, behavior, memory reactions to trauma.

SESSION OBJECTIVES:

To identify the psychophysiology components of traumatization, the impact trauma has on the mind (memory) and body, and the interventions designed to relieve the effects of trauma

LEARNING OBJECTIVES

The Learner will be able to:

- Identify specific psychophysiological effects of trauma on learning, behavior and emotions.
- Identify the specific responses of Explicit and Implicit memory functions.
- Identify strategies directed at reducing the psychophysiological effects of trauma.
- Identify ways to use the mind and body as healing resources.