



The National Institute for Trauma and Loss in Children



A Program of Children's Home of Detroit

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Suicide Prevention / Intervention Syllabi

8:30 a.m. - 9:00 a.m.	Registration
9 a.m. - 10:30 a.m.	Identification of factors associated with suicidal individuals.
10:30 a.m. - 10:45 a.m.	Break
10:45 a.m. - noon	Identification of risk factors for assessment.
noon - 1 p.m.	Lunch
1 p.m. - 2:30 p.m.	Identify legal responsibilities and primary interventions and strategies.
2:30 p.m. - 2:45 p.m.	Break
2:45 p.m. - 4:00 p.m.	Group activities to enhance communication strategies with suicidal individuals - cognitive reframing.

BRIEF DESCRIPTION OF INSTRUCTIONAL FORMAT:

Didactic presentation provides information and framework related to Suicide Prevention and Intervention. Break out sessions provide participants opportunities to practice strategies presented. Multiple handouts provide checklists and Prevention/Intervention strategies.

GOAL:

To provide participants with a working knowledge of factors commonly associated with the suicidal individual so as to better recognize these individuals, assess the risk involved and then intervene using strategies designed to help ameliorate the individuals suicidal reactions.

SESSION OBJECTIVES:

To identify warning signs, characteristics of potentially suicidal child/youth, specific interventions including legal responsibilities and assessment of risk.

LEARNING OBJECTIVES:

The learner will be able to:

- Identify warning signs of the potentially suicidal individual.
- Identify fifteen high risk factors leading to suicidal attempts.
- Identify the professionals' legal responsibilities when responding to the suicidal individual.